

NEWS RELEASE For Immediate Release

April 15, 2025

Contact: Bill Secord (603.286.0331) (wrsecord@live.com)

World Labyrinth Day falls on Saturday, May 3, 2025, at 1:00 p.m.

All are welcome to "Walk as One at 1" at St. Martin's Episcopal Church Triune Labyrinth. Facilitated by Dale Sparlin as a walking meditation to promote peace around the world. In the Memorial Garden at 5327 Lake Morey Road, Fairlee, VT 05045.

On Saturday, May 3, 2025, thousands of people will participate in the seventeenth annual World Labyrinth Day as a moving meditation for peace and celebration of the labyrinth experience. Whether you are familiar with labyrinths or new to the idea of non-maze labyrinth paths, all are welcome to learn more and take part.

World Labyrinth Day is an international event held on the first Saturday each May, sponsored by The Labyrinth Society in collaboration with partner organizations including the Australian Labyrinth Network, Legacy Labyrinth Project, and Veriditas. For more information visit [World Labyrinth Day - WLD 2025](#)

Many participants will "Walk as One at 1" by walking a labyrinth at 1:00 p.m. local time to create a rolling wave of peaceful energy passing from one time zone to the next around the globe.

Labyrinths are found throughout the world with the oldest dating back thousands of years. In contemporary use, labyrinths provide an opportunity for personal reflection, spiritual practice, or the reduction of stress in many different public and private settings, including schools, churches, hospitals, and hospice centers. Over 6,000 labyrinths are listed on the World-Wide Labyrinth Locator website: [Labyrinth Locator](#). Search by area code 05045 to find further information about St. Martin's Triune Labyrinth.

The first World Labyrinth Day was celebrated in 2009 and included events in New Zealand, Hong Kong, the United States, and many other locations. The Labyrinth Society Global Group on Facebook, created in tandem with World Labyrinth Day, has since grown to over 25,000 members from 100 different countries, with steady use throughout the year and a peak in activity every year around World Labyrinth Day.

The Labyrinth Society is a U.S.-based international nonprofit organization founded in 1998 whose mission is to support all those who create, maintain, and use labyrinths, and to serve the global community by providing education, networking, and opportunities to experience transformation. [Home - The Labyrinth Society](#).